

Soccer DVDs at Albany Library

There are now over 35 soccer-related DVDs available at the Albany Library (see list below).

These DVDs were donated by Albany-Berkeley Soccer Club. Many of them were purchased with money donated to ABSC from the Salesforce.com foundation.

The DVDs cover all aspects of soccer and for all age groups. The library has indicated that if there is a strong demand for these DVDs, they will free up additional space for more DVDs to be added. So please take full advantage of this free resource to help your teams and kids improve their soccer skills.

If you have any questions about these DVDs or suggestions for new DVDs, email Simon Church at accyslcoach@yahoo.com. **Any resident of California can get a library card.**

DVDs available at the Albany Library

Footability - Set of Two DVDs

NSCAA - Soccer Coaches Guide - Two Disc Set

Soccer Speed, Fast Feet, Fast Moves

Modern Youth Training: Playing + Practicing with 5 to 6 Year Olds

Modern Youth Training: Playing + Practicing with 6 to 8 Year Olds

Modern Youth Training: Playing + Practicing with 8 to 12 Year Olds

Soccer Games Set

Individual Defending

Coordination and Agility with a Soccer Ball

Developing Awareness and Vision

Developing Reaction and Explosive Movement

Developing the First Touch

Pressing: Small Sided Games and Drills to Improve a Team's Ability

Set of Plays for Soccer

Speed and Strength Training for Soccer

Attacking Soccer in the Women's Game

The Novice Coach – An Introduction to Coaching Youth Soccer – Volume 1, u6-u8

The Novice Coach – An Introduction to Coaching Youth Soccer – Volume 2, u10-u12

Positive Parenting for Youth Soccer

Coerver Soccer Fundamentals

Ajax Coaching Education - Six Disc Set

Zonal Defending

NSCAA Tactical Development - Progressive Coaching

Striker School - Two Disc Set

Tactical Games Set

NSCAA Soccer Tactics: On the Attack

NSCAA Technical Training - Critical Coaching Points

Futbol Moderno

Drills for Beginning Goalkeepers

Simple Soccer's Young Goalkeepers

Coerver Coaching's Goalkeeping Essentials

Giants of Brazil

Individual Soccer Skills with Anson Dorrance - UNC Women's Soccer System

Set Plays for Futsal

Albany Library • 1247 Marin Avenue (at Masonic), Albany, CA 94706 • 510-526-3720

Hours: Monday 12-6pm, Tuesday and Wednesday 12-8pm; Thursday 10-6pm; Saturday 10-5pm; Sunday 1-5pm.